

# CD Contents: Book

- Preface
- Acknowledgements
- Introduction
  
- 1. Asking answerable clinical questions
- 2. How to find current best evidence *and have current best evidence find us*
- 3. Diagnosis and screening
- 4. Prognosis
- 5. Therapy
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- 7. Guidelines
- 8. Teaching Methods
- 9. Evaluation
  
- Appendix 1: Confidence Intervals
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# CD Contents: Disciplines

## Practicing and Teaching Evidence-Based Health Care in Other Clinical Disciplines

Complementary Medicine

Mental Health

Child Health

Neonatal Medicine

Critical Care Medicine

Nursing

Developing Countries

Occupational Therapy

Gastroenterology and Hepatology

Physiotherapy Practice

General Practice

Purchasing

Geriatric Medicine

Surgery

## Evidence-Based Resources

Journals

Computer Software

Internet Resources

The book's website <http://www.library.utoronto.ca/medicine/ebm/>

Bibliography of Evidence-Based Health Care Resources

# Resources that accompany this text and Icons

## Resources that accompany this text

The chapters and appendices that comprise this book constitute a traditional way of presenting our ideas about EBM. Although it may suffice for some of you, we think our book suffers from three major shortcomings: First, its clinical examples are constricted by the narrow clinical perspective of the general physicians who wrote it; readers from other branches of medicine, and especially from other health professions, face the frustrating (but hopefully fulfilling) task of transposing the lessons to their own patients and settings. Second, the descriptions of evidence-sources are restricted by the limits of print space (and the size of your pockets!). Finally, this book is stuck in amber, and parts of it (written in early 1999) will be out-of-date by the time it appears in print (in late 1999).

We've decided to try to overcome these deficiencies by employing some of the same innovations in information packaging (the accompanying CD) and communication (the book's website) that have made the modern practice of EBM possible.

### The accompanying compact disk

The CD tucked inside the cover of this book attacks the first and second of its shortcomings. First, it contains clinical examples, critical appraisals, and background papers from 14 other health disciplines. As a result, health professionals from these other disciplines can substitute them for the examples and

## Resources that accompany this text and Icons

appraisals in this book and much more easily integrate its message into their own clinical practice. Second, it contains extended descriptions (including sample web pages) of several current evidence sources regularly consulted by the authors of this book.

### *To install from Windows*

1. Insert the EBM CD-ROM in your computer's CD-ROM drive
2. Choose Run from Start menu (File menu for Windows 3.1)
3. Type d:\setup.exe (if your CD is assigned to a letter other than D, use the correct letter in the command line)
4. Follow the on-screen instructions.

### *To install from Macintosh*

1. Insert the EBM CD-ROM in your computer's CD-ROM drive
2. Double-click the 'Install EBM' icon
3. Follow the on-screen instructions.

## Resources that accompany this text and Icons

The book's website: <http://www.library.utoronto.ca/medicine/ebm/>

The website for this book attacks the third of its shortcomings.

It will *update its contents, resource lists, and tables* whenever, and as soon as, new evidence, strategies, and tactics come to light. In addition it will provide links to other evidence-based websites and resources, including those that provide descriptions and schedules for workshops on how to practice and teach EBM. Moreover, it will provide a means for contacting the authors to give us feedback, point out errors in the text, and make suggestions for subsequent editions.

## Resources that accompany this text and Icons

This icon highlights teaching methods described in the text.



This icon indicates that there is a link between the text and the coloured cards to be found in the cover pocket.

